

Live Donor to Deceased Donor Waiting List Exchange Program
Informed Consent for Participating Recipient

We want to tell you about a program of kidney donation involving you and your loved one who wants to donate a kidney. This program will involve having a loved one donate one of their kidneys to an unknown recipient already waiting on the deceased donor list. In exchange, you will move nearer the top of the cadaver list. This should allow you to receive a deceased donor kidney transplant much sooner.

Why Is the Exchange Donor Kidney Program Being Offered?

One of your loved ones was interested in being a kidney donor. Unfortunately, they were found either to be the wrong blood type or you had antibodies in your blood stream against your donor's cells (positive crossmatch). These tests prevented that donor from donating to you. You are now on the cadaver waiting list. You may wait 3-6 years before you will receive a deceased donor kidney.

Kidney transplantation will probably allow you to live longer than if you remain on dialysis. The sooner you receive a kidney transplant, the better your outcome will be. It is hoped that with this exchange program, the waiting time for a kidney will be shortened.

This program has been developed to allow for your loved one to donate and for you to receive a benefit from their gift. This benefit is a shortened waiting time on the deceased donor list.

How Does This Program Work?

If you want more information or want to participate, you and your loved one will have to talk with a transplant physician or coordinator. If you decide to proceed, both testing of you and your loved one for donation will begin. You must pass all the screening tests and be ready for transplant before your loved one's testing can be completed. If your loved one is accepted as a suitable donor, their kidney will be offered to a patient already on the deceased donor waiting list. The surgery to remove the kidney will then be scheduled.

After the surgery, you will move to a high position on the deceased donor waiting list. For example, if your loved one donated a kidney to patient waiting on the deceased donor list who was three spots from the top of the list, you would move within three spots of the top of the list of your blood type. You would receive kidney offers when you then reached the top of the list.

Because there are only a few cadaver kidneys available each month, it may take some time until you receive a transplant. The chart below outlines the number of deceased donor kidneys of a given blood type becoming available each month.

<u>Blood Type</u>	<u>Per Month</u>
A	8
O	7
B	3
AB	1

This limited number of kidneys could mean that you could wait several months before a kidney of the right blood type became available.

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In addition, if you have a high amount of antibodies, it may be more difficult to find you a kidney. You can ask your transplant physician about your antibody level. The antibody level test is called the PRA. The chart below shows the chances of a compatible kidney being found based on the PRA.

<u>PRA Level</u>	<u>Donor Kidney</u>
PRA < 10 percent	98 percent
PRA 10 - 19 percent	47 percent
PRA 20 - 29 percent	31 percent
PRA 30 - 39 percent	19 percent
PRA 40 - 49 percent	19 percent
PRA 50 - 59 percent	14 percent
PRA 60 - 69 percent	11 percent
PRA 70 - 79 percent	11 percent
PRA \geq 80 percent	5 percent

For example, if you have a PRA \geq 80 percent only one kidney in 20 (or 5 percent) would be able to be used for you. Even if you have a high PRA, this program will help you. This is because being high on the waiting list will make it more likely a kidney that matches will be found.

We will try to find a good kidney for you. But it is well known that live donor kidneys are generally better than most deceased donor kidneys. You and your donor should realize that the deceased donor kidney you receive may not be as good as a live donor kidney.

Who Can Participate?

You can participate in this program after discussing the program with the transplant physician and signing this consent form. If the testing shows that you or your donor is not a candidate for surgery, you will not be eligible to participate in this program.

Benefits

The main benefit would be to shorten the waiting time for you on the deceased donor waiting list. The longer patients wait on dialysis for a transplant, the poorer the transplant outcome. Patients who remain on dialysis have a greater chance of dying sooner than those who receive a kidney transplant.

You will not receive any other compensation for participation, other than shortening your waiting time.

Risks

There are possible complications from the kidney transplant surgery. The risks of the surgery for you in this program are the same as if you did not participate. We will review the surgical risks before the actual surgery.

It is possible that you may develop a medical problem while you are waiting for a kidney that would then make you ineligible for transplantation. If this were to happen after your loved one's donation, this would mean that you would not benefit from their gift.

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How Do I Enroll in the Program?

To take part in the program, you will be asked to sign this informed consent document. The testing that you need to complete before your donor undergoes further tests will be arranged by your transplant coordinator. The costs of your work-up as well as the donation surgery and follow-up care will be paid for by your insurance.

What Other Options Are There?

You may decline to enroll in this program. You will then continue to wait on the deceased donor waiting list.

What Are My Rights as a Participant?

Taking part in this program is voluntary. You or your loved one may choose to stop with the donation process at any time. You will then continue to wait on the deceased donor list. **If you decide not to participate, your eligibility for transplant or position on the waiting list will not change.**

Who Do I Call if I Have Any Questions or Problems?

Please take your time to make your decision. Discuss it with your family and friends. Feel free to ask us questions also.

For questions about the program, contact your pre-transplant coordinator at (415) 353-1551. You will then be put in touch with special coordinators who are working with this program.

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Signatures

I, the undersigned, have been informed about this program's purpose, procedures, possible benefits, risks, and alternatives. I have received a copy of this consent document. I have been given the opportunity to ask questions and I have been told I can ask questions in the future. All of my questions have been answered to my satisfaction. I voluntarily:

agree _____ or do not agree _____ (initial appropriately)

to participate in this program.

I am free to withdraw from the program at any time without need to justify my decision. A withdrawal will not in any way affect my future treatment or treatment of my relative, friend or partner on the waiting list.

Signature of Patient: _____

Date: _____

Printed Name of Patient: _____

WITNESS SIGNATURE: _____

Date: _____